



SummerFest 2013

JUNE 13-15 LONG LAKE, MN

A Community Celebration brought to you by the Long Lake Area Chamber

Thursday, June 13th

Broasted Chicken Dinner @ Nelson Lakeside Park (Beach on Long Lake)

Sponsored by Lake Community Bank

Community celebration with FREE fabulous food! (5-7pm)

Shockwaves Waterski Show 7pm (New Day!)

Nelson Lakeside Park

Long Lake Area Community Garage Sale (Thursday & Friday)

See www.longlakeAREAchamber.com for more information

Friday, June 14th

Gear West Twilight 5K

Pre-register by June 10th at Gear West (\$20/runner) *Pre-registered runners receive a T-shirt *Race Day Registration (\$25) from 10am-6pm at Gear West *Register on-line: www.gearwest.com/SummerFest *Number pick up for all runners Friday 6-7pm at Nelson Lakeside Park *Race begins at 7:30pm at Nelson Lakeside Park in Long Lake *Dogs on leashes welcome * Prizes and Fun!

All-Orono Class Reunion & Street Dance @ The Red Rooster & Mill Street

Live Music by LeCaw *8pm-close *Non-Orono Grads Welcome

Saturday, June 15th

Big Bang Saturday at Nelson Lakeside Park (Beach on Long Lake)

FREE Admission to the Park

- Free Beach Boot Camp with Angie Weber from Body Squad at 9am (Bring your own mat)
- Free Kids Yoga on the Beach with Stachia Fey *10:30am *Ages 6 and up *Bring a Towel
- Paddle Board Clinics (10:30am-12pm) & Rentals (12pm-4pm) *Register @ WaiNaniSUP.com/services *13 and older
- Junior & Adults brackets Grass Volleyball Tournament (9am reg & 10am start/\$25 player) *Prizes & Shirts
- 3on3 Street Basketball (9am reg & 10am start/\$25 player) *Prizes & Shirts
- Kids Zone-Inflatables & Face Painting *10am-8pm *\$5 wristbands
- Character Appearances (All Day) *Special Appearance by Ronald McDonald (1pm-2pm)
- Teen Zone-Gigantic Obstacle Course, Adult Tetherball, Sumo Wrestling, Dunk Tank & More *10am-8pm
- Long Lake Fire Truck Appearance (11-1pm)
- Gourmet Food Trucks (11am-9pm)
- Adult Beverage Tent (12pm-10:30pm)
- Live Music All Day (12pm-11pm)
- Comedy Hypnosis with Blaze Driscoll *7pm SHARP
- Main Stage Bands: *Brady Perl (11-1pm) *Hitfakers (1-3pm) *Unlabeled (3-5pm) *Hot Dish (5-7pm)
- Headliner: Red Dot Garage (8pm-1:00pm)
- Fireworks (around 9:45pm)

For more information & to register for events go to www.longlakeAREAchamber.com Questions? Contact Kris Rudd @612.270.9749 or krisrudd@mehsi.com or Kelly Parrott @210-475-2015 or kellyparrott@yahoo.com

